

 gluten free

 vegetarian

 vegan

THE MERRYMOOR INN

locally sourced fresh food & fine ales

a family business for 63 years


 WIFI CODE: beachbar

Garden & terrace customers
please order at the inside bar.

SANDWICHES

(available at lunchtimes only)

Hot Ciabatta Sandwiches (white or wholemeal)
served with tortilla chips & garnish

Sweet potato falafel **£9.95** 

Club sandwich (herb chicken & crispy bacon) **£9.95**
Shaved Beef, red onion jam & Monterey Jack cheese **£9.95**

Fish Finger Ciabatta £12.95

beer battered haddock goujons, rocket, sliced tomatoes,
Tartare Sauce & chips

Merrymoor Ploughmans £13.50 

Cornish Yarg & Davidstow Cheddar pickles slaw &
chutney, mixed leaf and fresh ciabatta (white or wholemeal)

Grumpies Quiche £14.95 

vegetarian quiche of the day served with chefs house salads

Local Fisherman 'Buck Beckett'

Hand Picked Cornish Crab Sandwich £17.95

available on white or wholemeal ciabatta, mayo, rocket,
chips & lemon (subject to availability)

FRESHLY BAKED 12" PIZZAS

All our pizzas are made on a 12" hand stretched
base, our own tomato sauce & freshly prepared topping's

No Frills Cheese Pizza £10.95 

Tomato sauce & mozzarella

Margherita £12.95 

with fresh tomatoes, mozzarella & basil

Veggie £14.00 

Sliced peppers, mushroom, onion, tomatoes & olives

Italian Meats £16.50

Coppa, Prosciutto, Panchetta

MERRYMOOR BURGERS

Classic Burger £13.50

Chargrilled 6oz Burger or Butterfly Chicken Breast
with rocket, tomato, red onion & dill pickle, served with chips


Cheese & Bacon Burger £15.50

Classic Burger (as above) topped with melted
Cornish Yarg & back bacon, served with chips

add Jalapenos & Hot Sauce **£2.50**

Crispy Buttermilk Chicken Burger £15.50

Buttermilk chicken breast topped with crispy bacon,
Monterey Jack cheese and Chipotle BBQ sauce
with rocket, tomato, red onion & dill pickle, served with chips

Totally Vegan Cheese Burger £13.50 

Freshly grilled Moving Mountains burger, melted cheese,
rocket, onion, tomato, vegan mayo & pickles, served with chips

Food Allergy or Intolerance?

If you have a food allergy, intolerance, or coeliac disease – please speak to the staff about the ingredients in your
food and drink before you order. Thank you.

The Merrymoor Inn reserves the right to refuse anyone to drink alcohol under the age of 18 even with a meal, Thankyou

SALADS

Chefs Salad Bowl All £15.95



A selection of Chefs tasty and vibrant salads topped with
your choice of

Sweet Potato Falafel  

Lemon & herb Chicken

Grilled Halloumi

Trio of smoked fish (Bass, Mackerel & salmon) £18.95

Merrymoor Power Bowl £15.95  

A base of quinoa, chickpea, edamame bean, whole seeds & rocket

plus:- Our daily Special Salad

Choose from :- Gilled Mackerel

Gilled Chicken

Sweet Potato Falafel

MERRYMOOR CLASSICS

8oz Cornish Sirloin Steak £21.95

grilled corn cob, flat mushroom, tomato,
onion rings, chimi churi sauce & chips

Merrymoor Chicken £16.95 

chicken, bacon, BBQ sauce, cheese served with chips salad & slaw

Chef's Glazed Ham, Eggs & Chips £13.95


Our own Honey glazed ham, Two Cornish free range eggs,
chips,grilled tomatoes & peas

Mexican Beef Birra £18.95 

Slow cooked chuck steak with onion, garlic, peppers, smoked chillis
& herbs, served with rice, flatbread, guacamole, salsa & sour cream

Vegetable Curry £14.25  

vegetables & chickpeas cooked in fragrant coconut broth
served with rice, flatbread & mango chutney

Veggie mixed grill £15.95 

spiced cauliflower, grilled halloumi, corn on cob,
flat mushroom, grilled tomato, chips, salsa, guacamole & sour cream

FROM THE SEA

Fish & Chips £15.95

beer battered haddock, chips, crushed minted
peas & tartare sauce

Wholetail Scampi £14.95

classic scampi & chips, slaw & salad

Whole Grilled Mackerel £17.95

with orange & fennel salad, sweet potato fries & grilled lemon

Catch of the Day £17.95

local seasonal fish served with herb roast potatoes,
roast Mediterranean vegetables & salsa verde

Chefs Fish Gratin £16.95

locally sourced fish in a creamy leek sauce, topped with a
cheese & herb crumb, house salad & ciabatta



SIDES

- Chips** £4.50  
- Cheesy chips** £5.00  
- Sweet potato fries** £5.50  
- Beer battered onion rings** £4.50
- Garlic Ciabatta** £4.50 
- Mixed Olives** £5.50 
- Garlic Ciabatta with Cheese** £5.90
- Rosemary & Sea Salt Potatoes** £5.00 
- Grilled Corn Cob's** £3.95 
- Roasted veg** £3.50 
- House salad bowl** £6.50 

DESSERTS

- Treacle Tart** £8.50  
served with clotted cream, ice cream or plant-based ice cream
- Orange and Lemon cheesecake** £8.50 
served with clotted cream or ice cream
- Chocolate & Salted Caramel Torte** £8.50
served with clotted cream or ice cream
- Cream Tea Sundae** £8.50
strawberry puree, fresh strawberries,
clotted cream, fresh scones strawberry and vanilla ice cream
- Trio of Cornish Cheese** £10.50
crackers, grapes & chutney
- Callestick Farm Ice Cream or Sorbets**
£2.75 per scoop
ask our servers about our plant based ice cream
- Cornish Cream Tea** £8.95
Two Warm Scones, Strawberry Jam & Roddas
Cornish Clotted Cream served with a pot of tea

CHILDRENS MENU

Pasta £6.95 
served with either pesto or tomato sauce,
cheese and garlic bread

Cheese & Tomato Pizza £6.95 

The following options can be served with chips or potatoes
Plus peas / baked beans / salad or seasonal vegetables

Grilled Fish - Ham & Egg  **Beef Burger - Battered Fish - Chicken Burger** 
Sausages - Scampi - Chargrilled Chicken Breast - Sweet Potato Fallafel 
£7.95 

CHILDRENS DESSERTS

Callestick Farm Ice Cream Tub £2.75
clotted cream vanilla, clotted cream & strawberries, double chocolate fudge

JOIN US FOR OUR DELICIOUS SUNDAY ROASTS

Served from our Carvery 12pm - 2.30pm, 6pm - 8.30pm

Choice of 3 Meats or Nut Roast

Served with fresh vegetables homemade Yorkshire pudding & homemade gravy

large £14.50 small £10.50

At The Merrymoor, our team of Chefs, led by Head Chef John Fish, pride themselves on using fresh ingredients from local suppliers to create great, fresh food

We are pleased to use local suppliers, including ; Callestick Farm Ice Cream, Celtic Fish & Game, Peter Morris Butchers St Columb, Dabara Bakery, M.Yates & Sons, Dole, Roddas Cream, Cornish Coffee,

Food Allergy or Intolerance?

If you have a food allergy, intolerance, or coeliac disease – please speak to the staff about the ingredients in your food and drink before you order. Thank you.



All our allergen information is recorded and available upon request. Please let your server know about any allergen or intolerance you may have and we will be able to provide information on our ingredients. We take steps to minimise the risk of cross-contamination when preparing your food, however we do not have specific allergen-free zones in our kitchen and it is therefore not possible for us to fully guarantee separation of all allergens.