

THE
MERRYMOOR INN

1961



Lunch Menu

Light Bite's & Sharers

Sides

CHEFS SOUP OF THE DAY	£5.25
① HUMMUS	£4.00
With toasted Baguette slices	
① MIXED OLIVES	£4.25
SHARING PLATTER	£13.00
Cured meats, sundried tomatoes, olives, breads & oils	
or	
Mixed cheeses, sundried tomatoes, hummus, olives, breads & oils	
LOADED CHIP SHARERS	£8.95
Chunky Chips topped with;	
Pulled Pork topped with Grated Cheese, Jalapenos, salsa , sour cream & Onion rings	
① Mixed Bean Gumbo topped with Grated Cheese, Jalapenos, salsa , sour cream & Onion rings	
Chefs Curry with Mango Chutney, Sour Cream & Vegetable Samosas	
HOT AND COLD FISH PLATTER	£14.95
Smoked Salmon, Mackerel Pate, Chilli and Garlic King Prawn, Beer Battered Haddock Goujons, Mixed Breads, Home made tartare sauce and lemon & Dill Mayo	

SIDE SALAD	£3.00
BEER BATTERED ONION RINGS	£3.50
GARLIC BREAD	£3.25
GARLIC BREAD WITH CHEESE	£3.75
① CHIPS WITH MOZZARELLA & SALSA	£4.95
CHIPS WITH CHEESE	£3.50
CHIPS	£2.50

Sandwiches & Panini's

SANDWICHES

Beef & Horseradish	Hand Cut Bloomer Bread from the Chough Bakery (Malthouse or White) , Side Salad & Crisps	£5.95
Mature Cheddar & Chutney		
Smoked Salmon & Cream Cheese		
Home Cooked Honey Roast Ham & Whole grain Mustard		
CHEFS FISH FINGER SANDWICH	Our own home made beer battered fish goujons Hand cut white bloomer bread, baby gem lettuce, sliced tomato & Mayo.	£7.25
OPEN GRIDDLED STEAK SANDWICH	Griddled Steak, toasted malthouse bloomer, mixed leaf, sunblushed tomato, red onion & balsamic vinegar	£7.95
GRILLED PANINIS	Pulled Pork, Cornish Yarg, Red Onion Marmalade & Rocket Sausage, Mushroom, cheddar & Chutney Chicken, Cheddar, Salsa and Rocket	£6.25
All served with fresh salad	① Goats Cheese, Roast Pepper, Red onion Marmalade & Rocket	

Merrymoor Classics

BEER BATTERED HADDOCK	Our own Doombar battered haddock, served with chips & crushed minted peas	£11.25
WHOLE TAIL BREADED SCAMPI	Chips, coleslaw & salad	£10.95
CHEFS GLAZED HAM, EGGS & CHIPS	Our own honey glazed ham, with 2 free range eggs & chips	£9.00
① CHEFS MIXED BEAN GUMBO	Made with mixed beans, courgette, aubergine and mushrooms cooked with garlic , chilli, fresh thyme, Cajun spices and tomato served with rice. salad and crusty baguette	£9.95
① PASTA WITH ROAST PEPPER	Roast peppers sun blushed tomato & mushrooms in a home made rich tomato sauce, Garlic Bread and salad	£8.95
PASTA, ROAST PEPPER & CHICKEN BREAST	Chargrilled Chicken, roast peppers sun blushed tomato & mushrooms in a home made rich tomato sauce, Garlic Bread and salad	£10.95

Merrymoor Burgers

Our own home made burgers served on a toasted bun, with baby gem lettuce, sliced beef tomato & red onion with chips

MERRYMOOR SIGNATURE BURGER	Our own 8oz Burger with Cornish Yarg & Red Onion Marmalade	£11.00
JOHNS FLAMING HOT BURGER	With bacon, cheese, johns hot sauce, & jalapenos	£11.50
THE DIRT BAG BURGER	With bacon, cheese, pulled pork , coleslaw, BBQ sauce	£12.50
CHARGRILLED CHICKEN BURGER	Plain chargrilled chicken Breast	£11.50
BLACK & BLUE BURGER	House Burger or Chicken Breast, topped with a Flat Mushroom, Bacon & Cornish Blue Cheese	£11.50
① HALLOUMI & MUSHROOM BURGER	Halloumi & Mushroom Burger grilled halloumi and flat mushroom, hummus, tomato, onion & dressed leaf in a toasted bun with chips	£9.95

Childrens Menu

TOT'S TAPAS	Mild cheddar chunks, carrot sticks, cucumber, grapes, & bread slices	£3.00	
TOT'S SANDWICH	Cheese, ham or jam served with crisps	£3.00	
PASTA	Served with either our own home made pesto or tomato sauce & cheese	£5.00	
CHEESE & TOMATO PIZZA		£5.00	
The following options can be served with chips, potatoes or rice Plus fresh vegetables / peas / baked beans / salad			
Grilled Chicken	Beef Burger	Battered Fish	£5.00
Grilled Fish	Sausages	Scampi	
Ham & Egg	Cocktail Pasty		

Childrens Desserts

1/2 PORTION OF CHOCOLATE BROWNIE & ICE CREAM	£2.50
FRUIT SALAD	£2.50

Desserts

SEE SPECIALS BOARD FOR OUR FEATURED DESSERTS

DELICIOUS SUNDAY ROASTS

From our Carvery 12pm - 2.30pm

CHOICE OF 3 MEATS standard £9.00 small £7.00
Served with fresh vegetables homemade Yorkshire pudding & homemade gravy
please ask your server for vegetarian options

SUNDAY EVENINGS

TRADITIONAL ROAST DINNER standard £9.00 small £7.00
Choice of 3 MEATS Served with fresh vegetables homemade Yorkshire pudding & homemade gravy
please ask your server for vegetarian options

Our Specials Boards Change Twice Daily
For Chefs Specials & Desserts See our Boards & Ask Your Server

If you require confirmation of the presence of allergens before making your food choice,
please ask our team who will be happy to help

At The Merrymoor, our team of Chefs, led by Head Chef John Fish, pride themselves
on using fresh ingredients from local suppliers to create great, fresh food

We are pleased to use local suppliers, including ; Callestick Farm Ice Cream, Matthew Stevens Fish, Kernow Sausage Company,
Chough Bakery, M. Yates & Sons, Newquay Fruit Sales, Roddas Cream, Ray Davies, Cornish Coffee,

Bed and Breakfast Accommodation at The Merrymoor



The Merrymoor offers seven en-suite rooms on a bed and breakfast basis, most benefiting from dramatic views of the beach and cliffs beyond.

The rooms are tastefully furnished in a contemporary style and the accommodation benefits from full central heating so that you can enjoy Cornwall at its best, even during the cooler months. Wi Fi is available in all rooms



Opening Hours
Tuesday, Thursday, Friday & Saturday 10am - 5pm
For booking please see reception or ring the salon
01637 860267

At Emerald we pride ourselves on using Spa Find natural products from the sea which utilise the natural powers of mud, salt and seaweed to tone and firm the body and face, ease muscle tension and deeply relax the body and mind.

We also offer nail treatments, waxing, St. Tropez tanning and eye treatments. If you're looking for total relaxation, ready for the beach, or a night out. Pop in or give us a call.



01637 860267

www.emeraldbeauty.co.uk

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www.merrymoorinn.com